

DECEMBER 2018

ALL PROGRAMS & SERVICES ARE FREE



parentLINKcentre



Phone: (403) 362-5056 #101, 327-3rd St. W.
parentlinkcentre@spec.ab.ca www.spec.ab.ca

Parent & Tot (10:00-11:30am)

These groups are a great opportunity for parents and child care providers to meet other parents. This is also an excellent opportunity for your children to interact with other children. Activities and toys are provided for children to learn through play. Sessions take place in Bassano (Community Hall), Rosemary (South Room), Cessford (Berry Creek School), Duchess (Duchess Recreation Centre), Rainier (Alcoma School), and Brooks 10:45-12 pm (JBS Canada Centre)

Evening Drop In: (December 5 & 19 at 5:00-6:30 p.m.) Stop by and enjoy some downtime with your children during the evening in our playroom.



12 Days of Christmas

Come and join us for 12 days of Christmas crafts, activities, stories and food.

Check the calendar for dates and times!

**Listen to Boom
101.1 & Real County
105.7 on Mondays,
December 3 & 17 at
8 a.m. to hear from
Ruby!**

parentLINKcentre Newsletter

**PLAYROOM OPEN FOR DROP IN
MONDAY TO FRIDAY
8:30 a.m. to 5:00 p.m.**

Ages & Stages Questionnaire

If you are curious to see where your child is developmentally, this questionnaire can help you.



All the questions are designed for you to do on your own. If you prefer one of our staff to assist you, we can make an appointment for us to help you. We have questionnaires for children as young as 2 months up to 56 months of age. Call a PLC Staff at (403)362-5056 to make an appointment.

Car Seat Clinic (Monday, December 17 at 1:00-3:00 p.m.) Stop by the Brooks Fire Hall (504 Cassils Road) to have your car seats checked. No appointments needed. If you need more information call (403)793-6667 or (403)502-8238.



TRIPLE P SEMINAR

MONDAY, DECEMBER 17
6:00-8:00 P.M.

Join us on Monday, December 17 for an informative view on how Triple P Parenting can help you manage misbehaviors in a positive manner. To REGISTER please contact Ruby Tatem at (403)362-5056 or email ruby.tatem@spec.ab.ca

Breakfast with Santa

Saturday, December 15, 2018

Brooks Legion

10:00 a.m. to 1:00 p.m.

SOLD OUT!



A Parenting and Relationship Program

Designed for both pregnant and new parents, the Bringing Baby Home Program will give you skills and information to recognize and cope successfully with the normal stressors of becoming a family.

The program teaches couples how to:

- Increase friendship in their relationship
- Deal effectively with conflict
- Involve dads in infant care and parenting
- Improve the quality of parent-infant interaction
- Recognize the psychological and emotional needs of their child

If you are interested, call (403)362-5056 to register for January workshop

Revealing potential in kids!



DECEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
3	4	5	6	7	8
Day 1 of 12 Days of Christmas 10:00-11:00	Rosemary PT 10:00-11:30 Day 2 of 12 Days of Christmas 10:00-11:00 Brooks PT 10:45-12:00	Bassano PT 10:00-11:30 Duchess PT 10:00-11:30 Day 3 of 12 Days of Christmas 10:00-11:00 Playroom Drop-In 5:00-6:30 PM	Cessford PT 9:30-11:30 Brooks PT 10:45-12:00 Tiny Tots 1:00-2:30	Day 4 of 12 Days of Christmas 10:00-11:00	9
10	11	12	13	14	15
Day 5 of 12 Days of Christmas 10:00-11:00	Rosemary PT 10:00-11:30 Day 6 of 12 Days of Christmas 10:00-11:00 Brooks PT 10:45-12:00	Bassano PT 10:00-11:30 Duchess PT 10:00-11:30 Day 7 of 12 Days of Christmas 10:00-11:00	NO BROOKS PT PLC Staff will be at Medicine Hat Mall from 12-3 pm Gift Wrapping for The United Way!	Day 8 of 12 Days of Christmas 10:00-11:00	10:00 am-1:00 pm <i>Breakfast With Santa</i>
17	18	19	20	21	22
Day 9 of 12 Days of Christmas 10:00-11:00	Rosemary PT 10:00-11:30 Day 10 of 12 Days of Christmas 10:00-11:00 Brooks PT 10:45-12:00	Bassano PT 10:00-11:30 Duchess PT 10:00-11:30 Day 11 of 12 Days of Christmas 10:00-11:00 Playroom Drop-In 5:00-6:30 PM	Cessford PT 9:30-11:30 Brooks PT 10:45-12:00 Day 12 of 12 Days of Christmas 10:00-11:00	PLAYROOM CLOSED FOR CLEANING 	23
24	25	26	27	28	29
31				30	